

October 16, 2023

Good morning IS 201! It's Elly Wu Feng from 851 back with you on this Motivational Monday on behalf of the SEAL Team.

Time, year, people, way, day, thing...these are some of the most common words in English. We are all avid readers, but how often do we realize or think about the importance of vocabulary words? There is much more power in the world of language than we think. Writers and poets use words to write down enchanting stories that paint pictures in our brains; some might even invent their own words, take for instance William Shakespeare, who created over 1,700 words like amazement, eventful, bedazzled, and lonely. Can you imagine how communication between humans would be like if he had never made up these words?

And even better, today is National Dictionary Day! Take today as an opportunity to challenge our vocabulary zone, and perhaps to the full extent of the tongue's diversity, expand it. National Dictionary day is created to honor Noah Webster.... sounds familiar right? He's the father of the Webster Dictionary, which is the reason why we can find definitions of unknown words today just by pulling out a pocket dictionary. A vigorous vocabulary

range enhance our speaking, talking, and writing skills. People who possess a wide vocabulary range are actually proven to be deeper thinkers and express themselves better.

National Dictionary Day encourages us to improve our vocab and become avid readers. Celebrate National Dictionary Day by looking up definitions of as many unknown words as you can, either through the internet or an actual dictionary. As you flip through the pages today, feel the power of the world of language!

Thank you for listening and have Meaningful Monday 😊

Affirmation of the day-

“I will surround myself with positive energy and good vibes.” Let the positives drive out the negatives and always tell yourself you are able and will make it through the dark days. Stay positive by listening to affirming music, doing exercise, and talk to those around you who might just as well share words of encouragement!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team
Positivity is our dream
We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

