January 23, 2026

Good morning I.S.201! This is Grace Zhang from class 832, here with you on behalf of the S.E.A.L. Team.

Standing up when you see something wrong is important because ignoring problems only allows them to continue. When people are treated unfairly, speaking up for them can help stop the situation before it gets worse. Even though it can be intimidating, standing up shows courage and strong character. It also proves that you care about the wellbeing of others and are willing to do the right thing, even when it isn't easy.

The importance of standing up goes beyond just one moment, because it can influence others as well. When one person speaks out, it often gives others the confidence to do the same. This creates an environment where respect and fairness are valued. By standing up for what is right, we help build a safer and more supportive school community.

Like Martin Luther King Jr., the affirmation of the day is, "I stand up when I see something wrong."

Thanks for listening and have a Fairness Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile