Good morning! It's Rainie from 731 and I'm here for the SEAL Summary Friday on behalf of the S.E.A.L Team.

Today is a special day as we celebrate the International Day of Achievers. This day is all about recognizing those who have worked hard and accomplished great things, no matter how big or small.

As we celebrate this day, let us remember the words of Nelson Mandela: "It always seems impossible until it's done." This quote serves as a reminder that even when faced with challenges, we can overcome them and achieve our goals with hard work and determination. Our achievements not only impact ourselves, but also those around us. The way we make others feel with our accomplishments can be just as important as the accomplishments themselves.

Let us take inspiration from the achievements of others and use this day as motivation to pursue our own dreams.

Thanks for listening and have a Fierce and Fabulous Friday 😂

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

