

October 6th, 2025

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

October is National Bullying Prevention Month. Starting in 2006, Bullying Prevention Month is an important cause that's good to know of because bullying is a large problem in our world. As we've likely all seen, bullying can bring someone down as well as hurt them, and not just physically. Bullying is both physical and mental; the small damage on the surface may seem small, but the psychological warfare in someone's head after being bullied can lead them to becoming depressed, anxious, or do unspeakable things. When you bully someone, you're not just bullying someone you find weak, but you're harming another human being, someone just like you.

Like Eleanor Roosevelt, we should show leadership by lifting others up, not by disheartening them.

Thanks for listening and have a Model Morals Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

