December 19, 2025

Good morning I.S.201! This is Grace Zhang from class 832, here with you on behalf of the S.E.A.L. Team.

Everybody loves receiving gifts, but what about giving them? Sure, accepting something nice can bring immediate happiness, giving has a longer-lasting impact, and gives you a sense of accomplishment. When we give, we show care and kindness for others, which strengthens relationships and builds trust. These acts of generosity remind us that our actions can make a positive difference in someone else's life, creating a sense of achievement that is better than any gift you can receive.

Additionally, giving helps develop empathy and listening skills. When we focus on the wants of others, we start to notice how lucky we are to enjoy things others might not have, such as waking up to see presents every Christmas. This can lead to an environment where students support one another. In contrast to the short-lived joy of receiving, the act of giving lets you know you have helped someone, and that can inspire happiness, confidence, and a greater sense of connection.

Like Walt Disney, the affirmation of the day is, "Let curiosity lead me to amazing places."

Thanks for listening and have a For-Others Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile