

December 9, 2025

Good morning, I.S. 201! My name is Riley DuBois from class 731, and I am here with you this Talk-A-Lot Tuesday on behalf of the S.E.A.L. Team.

Did you know that today is National Christmas Card Day? Today is a perfect reminder of how small gestures can carry powerful meaning, especially when wrapped in kindness. As families and friends send kind messages from miles away, they can still find a way to bond and stay connected. A simple Christmas card, whether sent to a loved one or a family friend, becomes more than just a piece of paper, it becomes a message of gratitude, connection, and hope.

As Winnie the Pooh from Disney once said, "Sometimes the smallest things take up the most room in your heart." Today, every act of kindness and every card written with sincerity and compassion reminds us of the unity and appreciation that truly defines the season.

Like Walt Disney, today's affirmation is: *"I am a dreamer and a doer."*

Thank you for listening and have a Tiny Gestures of Kindness
Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

