

March 18, 2025

Good morning, I.S.201! I'm Emily from 851, and I'm here for Talk a Lot Tuesday on behalf of the S.E.A.L. Team.

Let's say you were walking to class, panicking over the upcoming exam when all of a sudden, a person you kinda talked with waves to you. Without hesitation, you wave back. But there comes the realization: the person was waving at the person behind you. Dang, that's embarrassing! But no worries, we all had awkward moments like that. Calling someone the wrong name, walking into the wrong classroom, or even walking into a glass door are all awkward moments that happen to us at one point in our lives. Instead of being embarrassed over these moments, why not embrace them? These little mishaps should remind us that life doesn't need to be taken seriously.

With this being said, today is National Awkward Moments Day, and if you see someone caught in an awkward moment, laugh with them instead of laughing at them. Let them be!! As Mark Twain once said, "I've had a lot of worries in my life, most of which never happened."

Thank you for listening and have a Tranquil Tuesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

