

November 8, 2023

Good morning! It's Sophia from 831 and I'm here this Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

Today, I want to talk about something important – understanding others. It's easy for all of us to have our own thoughts and opinions, but sometimes we need to put those aside and really try to understand what someone else is going through or thinking.

As Mahatma Gandhi once said, "You must be the change you want to see in the world." Starting today, let's try to put aside our own biases. Biases are like judgments we make about people without really knowing them. Instead of jumping to conclusions, let's take the time to get to know others better.

When we truly try to understand others, we build stronger friendships, create a more welcoming school community, and learn new things from people who are different from us. So, let's try to be kind, open-minded, and willing to listen to others.

Thanks for listening and have a Willing to Step in Others Shoes
Wednesday 😊

Affirmation of the Day:

I will put aside my own biases and truly trying to understand others.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

