December 4, 2025

Good Morning I.S.201! My name is Michelle from class 753, and I am here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today, December 4th, is National Cookie Day! It's a fun reminder to enjoy the little things that make us smile. Cookies are often shared with friends and family and today is a perfect day to show kindness by sharing. Whether that's sharing a treat, a compliment, or simply being patient and friendly with one another.

A sweet quote to remember today is: "Kindness is like sugar it makes everything better." Make today a day to think about how you can make someone else's day a little sweeter with your words or actions.

Like Walt Disney, today's affirmation is: *" I believe that every great idea starts with a dream."*

Thank you for listening and have a Tasty Treat Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile