

October 8, 2024

Good morning, I.S.201! I'm Emily from 851, and I'm here on behalf of the S.E.A.L. Team for a Talk A Lot Tuesday.

Today is National Heroes' Day! But to begin with, who is your hero? Your thoughts may range within your parents, friends, or teachers. Either way, heroes in our lives truly impact our well-being. A hero can inspire us to become stronger, kinder, and smarter. They are role models who push us to be our best selves. Heroes don't always wear capes or perform grand gestures, but it's the small acts of kindness and perseverance that can have the most profound effect on us.

In the United States, we nationally praise the workers of the police, military, healthcare, education, and just any other profession that helps a person's well-being and overall growth. So let it be today to thank whoever your hero is! As Mother Teresa once said, "Not all of us can do great things. But we can do small things with great love."

Thank you for listening and have a Tribute-Filled Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

