

September 19, 2025

Good morning I.S.201! This is Grace Zhang from class 832, here with you on behalf of the S.E.A.L. Team.

Most people think that communication and exchanging words is the most important thing when having a conversation. A lot of times it is, but what about listening? Listening is also really important because it helps us understand what others are saying and shows that we care about their feelings. When we listen carefully, we can get a better idea of how to respond and avoid misunderstandings. For example, if we listen to our teachers and classmates, we can learn more, answer questions, and discuss with one another.

Listening is also key to solving problems and overcoming conflicts. If you really listen to someone, you can figure out what the issue is and find a way to fix it. It makes you a better friend, student, and possibly even a better person. The more we practice listening, the more we can learn and grow. Additionally, listening helps us share ideas and work together, which is super important in everything from school projects to understanding lessons.

Like Jane Addams, today's affirmation is: *"I serve others with compassion, and I understand the struggles of others."*

Thanks for listening and have a Fine Tune Your Ears Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

