

November 13, 2024

Good Morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today is World Kindness Day! Let's spend today showing each other gratitude and kindness. We can pay it forward to our community by picking up litter, throwing out your friend's trash for them, or just smiling at a friendly stranger. As Mark Twain once said, "Kindness is the language which the deaf can hear and the blind can see." Kindness can be as simple as holding the door for someone and doing thoughtful gestures for others. So let's fill today with kind acts and gestures.

Affirmation of the day: I focus on my positive qualities.

Thank you for listening and have a Warm~Hearted Wednesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

