## May 16, 2023

Good morning! It's Zain from 731 and I'm here this Talk A lot Tuesday on behalf of the S.E.A.L Team.

Did you know that today is "Do Something Nice for Your Neighbor Day?" Today is a day to recognize our neighbors because they are an important part of our community, and it's essential to treat them with kindness and respect.

As the great civil rights leader, Martin Luther King Jr., once said, "We may have all come on different ships, but we're in the same boat now." These words remind us that we're all in this together and that treating our neighbors with respect and kindness is essential for creating a strong and supportive community.

Today, let's make a conscious effort to do something nice for our neighbors, whether it's a friendly greeting, a helping hand, or a simple act of kindness. Remember that small gestures can have a big impact on someone's day, and they can help us build stronger connections with those around us. Let's strive to create a community where everyone feels valued, respected, and supported. Have a great day, everyone! Thanks for listening and have a Treat Your Neighbor with Respect Tuesday 🐵

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

