

December 11, 2025

Good morning, I.S. 201! My name is Amelia from class 731, and I am here with you this Thoughtful Thursday on behalf of the S.E.A.L. Team.

Today is December 11 and today is National Share a Smile Day. We all need to remember that something as simple as a smile can completely turn the energy in a room around, brighten someone's day, or maybe even make your day better too.

Remember as Snow White once said "You are the one who can fill the world with sunshine." That sunshine can represent your smile, your kindness, your encouragement or just choosing to be a positive when most days feel hard.

So, try and smile at someone new today, give a sincere compliment or be the reason somebody feels included today.

Like Walt Disney, today's affirmation is: "*I make space for fun, laughter, and love.*"

Thank you for listening and have a Toothful Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

